

**LEHMAN COLLEGE
OF THE
CITY UNIVERSITY OF NEW YORK**

DEPARTMENT OF HEALTH PROMOTION AND NUTRITION SCIENCES

CURRICULUM CHANGE

Name of Program and Degree Award: Health Education MSED

Hegis Number: 0837.00

Program Code: 25951

Effective Term: Fall 2026

1. **Type of Change:** degree requirements

2. **From:**

~~Health Pre K-12 Teacher, M.S.Ed. Program~~

~~This program is designed for students seeking a master's degree in Teaching Health Education. Graduates of this program are recommended for New York State Initial or Professional Certification in Health Education (Pre K-12). Students are supervised in their fieldwork and student teaching by faculty members of the Health Education program in the Department of Health Sciences. Advisement is provided by the Graduate Program Director and faculty members of the Health Education Program in the Department of Health Sciences and/or the Department of Middle and High School Education.~~

~~Students wishing to do so may complete the degree program entirely online by taking online courses only. The online-only option is not available to students studying on an F1 Visa.~~

To be eligible for this Master's Program, potential students must fall into one of the following categories:

Sequence 1 (39 credits). Students who already possess New York State certification in a related area and who seek additional certification in Health Education ~~Pre K-12~~.

Sequence 2 (30 credits). Students who already possess New York State certification in health education and who seek professional certification in Health Education ~~Pre K-12~~.

~~Major Requirements—Admission~~

Type: Prerequisite

Additional Comments:

- Possess a Bachelor's degree (or its equivalent) from an accredited college or university.
- Demonstrate the ability to successfully pursue graduate study by having attained a minimum cumulative undergraduate grade point average of 3.0 or higher.
- Three letters of recommendation and a Personal Goal Statement.
- **For Sequence 1 admission**, possess New York State teacher certification in an area other than health education.
- **For Sequence 2 admission**, possess New York State teacher certification in health education.

~~Major Requirements – Overall~~

~~Type: Completion requirement~~

~~Earn at least 30 credits~~

- Students must consult with the graduate adviser in the health education program before starting their Master's Program. During their first semester, matriculated students are required to ~~plan their graduate program with an adviser in the health education program.~~

~~Major Requirements – Sequence 1 (39 credits)~~

~~Type: Completion requirement~~

~~HEA Courses~~

~~Earn at least 15 credits from the following:~~

- HEA 507 - Human Sexuality
- HEA 626 - Mental Health and the Classroom Teacher
- HEA 671 - Teaching Strategies for Health; Psychosocial Wellness
- HEA 672 - Teaching Strategies for Health: Health Promotion Behaviors
- HEA 673 - Teaching Strategies for Health: Disease and Disability

~~HEA Electives~~

~~Earn at least 15 credits from the following:~~

- HEA 502 - Women and Health

- HEA 509 - Drugs and Substance Abuse
- HEA 510 - Health and Aging
- HEA 511 - Perspectives on HIV/AIDS
- HEA 627 - Health Problems and Issues in Contemporary Society
- HEA 636 - Perspectives on Death and Dying
- HEA 640 - Nutrition and Chronic Diseases
- HEA 680 - Special Topics in Health

Pedagogy Required Courses

Fulfill ALL of the following requirements:

Special Education

Complete ALL of the following Courses:

- ~~ESC 506 - Special Needs Education in TESOL and Secondary Settings~~

AND

Student Teaching Internship

Complete ALL of the following Courses:

- ~~ESC 595 - Internship in Classroom Teaching~~
- ~~ESC 611 - Teaching Internship Seminar in Secondary Education~~

AND

Master's Project

Complete ALL of the following Courses:

- ~~ESC 708 - Project Seminar in Curriculum, Materials, and Assessment in Specialized Areas~~

Additional Comments:

~~For students who already possess New York State certification in another subject and who seek certification in Health Education Pre K-12.~~

~~Major Requirements - Sequence 2 (30 credits)~~

~~Type: Completion requirement~~

HEA Courses

Earn at least 15 credits from the following:

- HEA 507 - Human Sexuality
- HEA 626 - Mental Health and the Classroom Teacher

- HEA 671 - Teaching Strategies for Health; Psychosocial Wellness
- HEA 672 - Teaching Strategies for Health: Health Promotion Behaviors
- HEA 673 - Teaching Strategies for Health: Disease and Disability

~~HEA Electives~~

~~Earn at least 6 credits from the following:~~

- HEA 502 - Women and Health
- HEA 509 - Drugs and Substance Abuse
- HEA 510 - Health and Aging
- HEA 511 - Perspectives on HIV/AIDS
- HEA 627 - Health Problems and Issues in Contemporary Society
- HEA 636 - Perspectives on Death and Dying
- HEA 640 - Nutrition and Chronic Diseases
- HEA 680 - Special Topics in Health

~~Pedagogy Required Courses~~

~~Fulfill ALL of the following requirements:~~

~~Special Education~~

~~Complete ALL of the following Courses:~~

- ESC 506 - Special Needs Education in TESOL and Secondary Settings
- Or equivalent

~~AND~~

~~Student Teaching Internship~~

~~Complete ALL of the following Courses:~~

- ~~ESC 595 - Internship in Classroom Teaching~~
- ~~ESC 611 - Teaching Internship Seminar in Secondary Education~~

~~AND~~

~~Master's Project~~

~~Complete ALL of the following Courses:~~

- ~~ESC 708 - Project Seminar in Curriculum, Materials, and Assessment in Specialized Areas~~

~~Additional Comments:~~

~~For students who already possess New York State certification in health education and who seek professional certification in Health Education Pre K-12.~~

3. To:

Health Education Teacher, M.S.Ed. Program

The fully online Health Education Teacher N-12, M.S.Ed. program prepares students to teach Health Education in grades N-12. Upon graduating from the program, students will be eligible to apply for their New York State Education Department (NYSED) Initial or Professional Certification in Health Education (N-12). Students will complete all NYSED requirements through the program, including supervised fieldwork, and will also need to pass their Health Education Content Specialty Test (CST).

To be eligible for the Health Education Teacher M.S.Ed. Program, potential students must fall into one of the following categories:

Sequence 1 (30 credits). Students who already possess New York State certification in a related area and who seek additional certification in Health Education N-12.

Sequence 2 (30 credits). Students who already possess New York State certification in health education and who seek professional certification in Health Education N-12.

Admission Requirements

- Possess a Bachelor's degree (or its equivalent) from an accredited college or university.
- Demonstrate the ability to successfully pursue graduate study by having attained a minimum cumulative undergraduate grade point average of 3.0 or higher.
- Three letters of recommendation and a Personal Goal Statement.
- **For Sequence 1 admission**, possess New York State teacher certification in an area other than health education.
- **For Sequence 2 admission**, possess New York State teacher certification in health education.

Degree Requirements

Students must consult with the graduate adviser in the health education program before starting their Master's Program. During their first semester, matriculated students are required to create their Program Plan with their Program Director.

Sequence 1 (30 credits):

For students who already possess New York State certification in another subject and who seek certification in Health Education N-12. Course and credit requirements are as follows:

Required HEA courses (15 credits):

	Credits
HEA 507 Human Sexuality	3
HEA 626 Mental Health and the Classroom Teacher	3
HEA 671 Teaching Strategies for Health; Psychosocial Wellness	3
HEA 672 Teaching Strategies for Health: Health Promotion Behaviors	3
HEA 673 Teaching: Strategies for Health: Disease and Disability	3

HEA electives (9 credits)

HEA 502	Women and Health	3
HEA 509	Drugs and Substance Abuse	3
HEA 510	Health and Aging	3
HEA 511	Perspectives on HIV/AIDS	3
<u>HEA 536</u>	<u>Family and Community Health Education</u>	<u>2</u>
HEA 627	Health Problems and Issues in Contemporary Society	3
HEA 636	Perspectives on Death and Dying	3
HEA 640	Nutrition and Chronic Diseases	3
HEA 680	Special Topics in Health Education	3

Special Education Requirement (3):

	Credits
<u>EDS 791</u> <u>Learners with Disabilities</u>	3

Required Fieldwork Experience (3 credits):

<u>HEA 708</u>	<u>Curriculum, Materials, and Assessment, and Field Work in Health Education</u>	<u>3</u>
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Sequence 2 (30 credits):

For students who already possess New York State certification in health education and who seek professional certification in Health Education N-12. The curriculum consists of 30 graduate credits. Course and credit requirements are as follows:

Required HEA courses (15 credits):

	<u>Credits</u>
HEA 507 Human Sexuality	3
HEA 626 Mental Health and the Classroom Teacher	3
HEA 671 Teaching Strategies for Health; Psychosocial Wellness	3
HEA 672 Teaching Strategies for Health: Health Promotion Behaviors	3
HEA 673 Teaching: Strategies for Health: Disease and Disability	3

HEA electives (9 credits)

HEA 502	Women and Health	3
HEA 509	Drugs and Substance Abuse	3
HEA 510	Health and Aging	3
HEA 511	Perspectives on HIV/AIDS	3
<u>HEA 536</u>	<u>Family and Community Health Education</u>	<u>2</u>
HEA 627	Health Problems and Issues in Contemporary Society	3
HEA 636	Perspectives on Death and Dying	3
HEA 640	Nutrition and Chronic Diseases	3

HEA 680	Special Topics in Health Education	3
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Special Education Requirement (3):

		<u>Credits</u>
<u>EDS 791</u>	<u>Learners with Disabilities</u>	3

Required Fieldwork Experience (3 credits):

<u>HEA 708</u>	<u>Curriculum, Materials, and Assessment, and Field Work in Health Education</u>	<u>3</u>
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4. Rationale:

The New York State Education Department (NYSED) has revised its requirements for students seeking health education certification. The number of health content credits needed for certification has been reduced from 30 credits to 18 credits. This significant change will impact both our M.S.Ed and Advanced Certificate programs. Consequently, major curriculum adjustments are necessary to align with the new accrediting body and to meet the Health Education Standards. We have a highly enrolled program and need to remain competitive with other college health education teacher graduate programs.

The primary changes to the M.S.Ed program include:

1. Reducing the master's degree from 39 credits to 30 credits.
2. Modifying the Fieldwork courses to be consistent with the Advanced Certificate requirements, which have been approved by NYSED.
3. Introducing a new Special Needs Education course for the Health Education Classroom to satisfy both NYSED requirements and our accreditation needs.
4. Updating the title of the program to be consistent with what the degree is, Health Education Teacher.
5. Making clear this is a fully online degree program.

Currently, the required fieldwork component is 6 credits, which is no longer necessary and would be a disservice to the students. A few years ago, we condensed the fieldwork requirement for Advanced Certificate students by combining ESC 595, ESC 611, and ESC 708 into a single course, HEA 708. This allowed students to complete the necessary requirements and freed up their schedules to take other essential health content courses required for certification.

Students can earn an additional 2 credits by taking the elective of HEA 536: Family and Community Health Education. This can help boost their GPA as well as provide additional credits toward their salary step increase from their employer.

To ensure students meet the NYSED-required semester hours of health content, the curriculum needs to be updated so that students primarily focus on health pedagogical courses.

EDS 791 is a better fit for our students to satisfy their special needs requirements as it covers all age learners K-12 while ESC 506 is for adolescent age only which does not suit their K-12 certification. Their requirement needs to come from the Special Education (EDS) program.

Currently, there is a *Sequence 3* that is listed in Coursedog under the MSED program in Health Education. This sequence no longer exists, and the department has stopped offering it for many years now yet still it shows as active. The department is requesting that this sequence be deactivated officially.

Date of departmental approval: July 18, 2025

**LEHMAN COLLEGE
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DEPARTMENT OF HEALTH PROMOTION AND NUTRITION SCIENCES

CURRICULUM CHANGE

Name of Program and Degree Award: Advanced Certificate in Health Education

Hegis Number: 0837

Program Code: 39592

Effective Term: Fall 2026

1. **Type of Change**: certificate requirements

2. **From**:

Advanced Certificate in Health Education

~~The Advanced Certificate in Health Education is an 18-credit program that prepares educators to provide school health education instruction. Upon completion of the program the candidates are eligible to apply for New York State Department of Education (NYSED) Health Education certification. This program will be offered to students who already possess a Master's degree and a New York State (NYS) initial or professional certification in any subject area. Therefore, this program offers an alternative route to eligibility for New York State Certification in Health Education without completing a separate Master's degree in Health Education. Students will need possess prerequisite health content courses for admission.~~

Requirements

~~Advanced Certificate Requirements- Admission Requirements~~

Type: Prerequisite

Earn a minimum GPA of 3.0

- ~~Earned a Master's Degree in a related field.~~
- ~~Demonstrate the ability to successfully pursue graduate study by having a master's Grade Point Average of 3.0 or better.~~

Recommendation & Essay

- ~~Submit two (2) letters of recommendation and a 500-word essay on career goals.~~

Certification

- ~~Submit NYS initial or professional certification in any subject area.~~

Content Requirement

- ~~15 credits required to be approved by the program to meet the NYSED 30-credit minimum health education content requirement.~~

Additional Comments:

- Meet additional Departmental, divisional, and New York State requirements, if any.

~~Advanced Certificate Requirements—Health Education P-12~~

~~Type: Completion requirement~~

~~Earn at least 18 credits~~

~~Additional Comments:~~

~~The following NYSED certification requirement workshops must be completed prior to applying for NYSED certification:~~

- ~~• Child Abuse and Violence Prevention~~
- ~~• Dignity for All Students Act~~

~~Advanced Certificate Requirements—Required Health Content Courses~~

~~Type: Completion requirement~~

~~Complete ALL of the following Courses:~~

- HEA 671 - Teaching Strategies for Health; Psychosocial Wellness
- ~~• HEA 507—Human Sexuality~~
- ~~• HEA 626—Mental Health and the Classroom Teacher~~

~~Advanced Certificate Requirements—Internship Fieldwork~~

~~Complete ALL of the following Courses:~~

- HEA 708 - Curriculum, Materials, Assessment, and Fieldwork in Health Education

~~Advanced Certificate Requirements—Elective Health Content Courses~~

~~Earn at least 6 credits from the following:~~

- HEA 502 - Women and Health
- HEA 509 - Drugs and Substance Abuse
- HEA 510 - Health and Aging
- HEA 511 - Perspectives on HIV/AIDS
- HEA 627 - Health Problems and Issues in Contemporary Society
- HEA 636 - Perspectives on Death and Dying
- HEA 640 - Nutrition and Chronic Diseases
- HEA 680 - Special Topics in Health

3. To:

Advanced Certificate in Health Education

The Advanced Certificate in Health Education is a fully online program that prepares educators to provide school health education instruction. Upon completion of the program the candidates are eligible to apply for New York State Department of Education (NYSED) Health Education certification. This program will be offered to students who already possess a master's degree and a NYSED initial or professional certification in any subject area. Therefore, this program offers an alternative route to eligibility for NYSED Certification in Health Education without completing a separate master's degree in health education.

Admission Requirements

- A master's degree in a related field.
- Demonstrate the ability to successfully pursue graduate study by having a master's Grade Point Average of 3.0 or better.
- Submit two (2) letters of recommendation.
- Submit NYS initial or professional certification in any subject area.
- Meet additional Departmental, divisional, and New York State requirements, if any.

Program of Study: Total 11-18 credits dependent on transcript review of pre-requisite NYSED health content credit requirements met.

Required Pedagogy Course (3 credits): **Credits**

HEA 671	Teaching Strategies for Health; Psychosocial Wellness	3
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Required Fieldwork Experience (3 Credits):

HEA 708	Curriculum, Materials, and Assessment, and Field Work in Health Education	3
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Elective Courses (5-9 credits): **Credits**

HEA 502	Women and Health	3
<u>HEA 507</u>	<u>Human Sexuality</u>	<u>3</u>
HEA 509	Drugs and Substance Abuse	3
HEA 510	Health and Aging	3
HEA 511	Perspectives on HIV/AIDS	3
<u>HEA 536</u>	<u>Family and Community Health Education</u>	<u>2</u>
<u>HEA 626</u>	<u>Mental Health for the Classroom Teacher</u>	<u>3</u>
HEA 627	Health Problems and Issues in Contemporary Society	3
HEA 636	Perspectives on Death and Dying	3

HEA 640	Nutrition and Chronic Diseases	3
HEA 680	Special Topics in Health Education	3

4. **Rationale:**

1. NYSED has updated their Health Education certification requirements as of April 2025. The health content requirement has dropped from 30-health content credits to 18-health content credits. To keep this program running and to meet the needs of our students, the credit requirement will need to be reduced so that prospective students choose to enroll in a registered program rather than go through NYSED Individual Pathways. The range is wide as it will be customized for each student following a thorough transcript review by the Program Director at the time of application review and acceptance. The program's credit reduction aims to maintain enrollment by offering a registered program alternative to NYSED Individual Pathways, tailored to each student's prior credits.
2. Adding HEA 536, a 2-credit course option, will allow students who don't need another 3-credit course to take the course in our department rather than taking a 2-credit course outside of Lehman College to satisfy the requirement.
3. HEA 626 is currently a required course in the Advanced Certificate program. By reducing the credit requirements, we need to also change the required course list by narrowing it down to exactly what NYSED needs and then move this course and HEA 507 to now be elective courses to meet updated NYSED mandates.

Pre-Requisite Health Content Credits students are entering the program with:	Credits to be taken in Advanced Certificate	Total Credits to be eligible for NYSED Health Education Professional Certification:
0	18	18
3	15	18
4	14	18
5	13	18
6	12	18
7	11	18

5. **Date of departmental approval:** July 18, 2025

**LEHMAN COLLEGE
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DEPARTMENT OF HEALTH SCIENCES

CURRICULUM CHANGE

1. **Type of change:** Experimental Course

Department(s)	Health Sciences
Career	<input type="checkbox"/> Undergraduate <input checked="" type="checkbox"/> Graduate
Academic Level	<input checked="" type="checkbox"/> Regular <input type="checkbox"/> Compensatory <input type="checkbox"/> Developmental <input type="checkbox"/> Remedial
Subject Area	Health Education
Course Prefix & Number	HEA 536
Course Title	Family and Community Health Education
Description	Understanding the role that families and communities play in the health education classroom experience for adolescents.
Pre/ Co Requisites	
Credits	2
Hours	2
Liberal Arts	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Course Attribute (e.g. Writing Intensive, WAC, etc)	N/A
General Education Component	X Not Applicable ____ Required ____ English Composition ____ Mathematics

	<input type="checkbox"/> Science
	<input type="checkbox"/> Flexible
	<input type="checkbox"/> World Cultures
	<input type="checkbox"/> US Experience in its Diversity
	<input type="checkbox"/> Creative Expression
	<input type="checkbox"/> Individual and Society
	<input type="checkbox"/> Scientific World

3. **Rationale:**

The undergraduate equivalent of this course, HEA 136: Family and Community Health, is offered for 2 credits within our department. Currently, the graduate program does not provide a 2-credit option, which is essential for students seeking specific health content credits to meet the NYSED certification requirements. Introducing this course at the graduate level would be advantageous for those students needing a 2-credit course and would also align our undergraduate and graduate program offerings. HEA 536: Family and Community Health Education would serve this need.

Learning Outcomes (By the end of the course students will be expected to):

1. Define the concept of comprehensive health education.
2. Distinguish what roles families play in the health education classroom.
3. Identify physical, social, emotional, and intellectual health factors adolescents experience.
5. Identify the components of a school health program.
6. Identify local community-based organizations that benefit the families of students.
7. Explain health promotion; and the role it plays within families and communities.
8. Communicate the need for combining community and school health for the benefit of families.
9. Distinguish the need for community health and school health.
10. Identify ways for integrating community health education into classrooms.

5. **Date of Departmental Approval:** July 18, 2025